

COASTAL CARDIOVASCULAR CONSULTANTS, PA

ICANL, ICAEL, ICAVL ACCREDITED LABORATORIES

PRACTICE LIMITED TO CARDIOVASCULAR DISEASE

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EVENT MONITOR INSTRUCTIONS

The Cardiac Event Monitor is used to detect abnormal heart rhythms. This small device records the heart's electrical activity (rhythm) automatically if triggered by an event or at the push of a button. Patients can manually trigger the device when they first begin to feel signs such as dizziness, weakness, lightheadedness, heart racing or fluttering.

The monitor stores the heart rhythm which is then transmitted wirelessly to the monitoring company. This test allows for heart monitoring outside the hospital/clinic setting when symptoms are noted and as you go about your normal routine for up to 30 days. The doctor may terminate the monitoring prior to 30 days if he is able to make a diagnosis based upon your transmissions.

We will apply the event monitor in the office and instruct you on it's use. Your doctor will read and interpret the data from the monitor. After you disconnect the monitor a report will be prepared for your medical records. We will bill your insurance company for our services and balance bill you for any portion of our charges that are your responsibility.

The event monitor device is owned by Preventice Solutions. They maintain the monitor, receive your transmissions, and send your data to us. Preventice Solutions will bill your insurance company for their services separately and balance bill you for any portion of their charges that are your responsibility. If you have any questions or concerns about the billing for use of the event monitor device you can speak to a Preventice Solutions billing representative at 888-747-4701.

PLEASE CALL YOUR INSURANCE COMPANY TO CONFIRM YOUR BENEFITS FOR THESE SERVICES.

HOOK-UP: Special adhesive electrodes(patches) are placed on your chest to pick up the ECG signals from your heart. The electrodes are connected to the monitor through leads(cables). The leads snap onto the electrodes and plug in to the monitor. If you would like to disconnect the monitor unsnap the leads from the electrodes. **THE MONITOR AND LEADS CAN NOT GET WET.** The electrodes (patches) can get wet.

DISCONNECT: The monitor, leads and battery **MUST** be returned directly to Preventice Solutions in the box provided. A prepaid mailer will be given to you.

RESULTS: The ordering physician will contact you with the result of your test. If you have not heard from us within 2 weeks of disconnecting the monitor please call our office.